

CONTENTS

Effects of perilla oil intake and aerobic exercise training on health-related parameters in female college students	Motoko Sakamoto Shuhei Kobayashi Sumie Kikawa Hideaki Hashima Yumiko Fujisawa Yoshihide Fujimori Tamiko Minato Yomi Miyakawa	(1)
Change of chemical components during fermentation of squid and sardine fish sauces	Yuki Fukumoto	(17)
Changes of Bacterial Number in Small-plastic-bottled Beverages Contaminated with Saliva and Fingers	Masayuki Gotoh Teruyo Aramaki Tatuya Hobara	(29)
Reaction of Cotton with Monoepoxides by Salt Catalyst	Koh-ichi Kajiyama	(39)
Shrinkage of Woven Fabrics by Washing and Effect of Detergents on the Shrinkage	Eiko Fukuda Tomomi Hirabayashi	(51)
Development of Dietary Intake Estimation Using a Serving Size Questionnaire Method	Reiko Sugiura Yachiyo Saitoh Junko Sakaguchi Kanako Sugiura Ayako Takahashi Motoko Sakamoto	(61)
Transmission and Prospect of Culture in Life Style in Three Generation Families (IV) —Relation to live with Grandmother or not in Food Life and Clothing Life—	Mitsuko Kosuge Setsuko Fuseya	(81)
Octavia Hill and Today	Akiko Nakajima	(91)
Transmission and Prospect of Culture in Life Style in Three Generation Families —Comparison between male students and female students—	Setsuko Fuseya Mitsuko Kosuge Akiko Nakajima Shiori Natori Katsuyo Miyoshi	(109)
A Comparative Examination of the Japanese Trailing Wives' Way of Living at Home versus Living Abroad	Katsuyo Miyoshi	(125)
A study of basic waist pattern Basic pattern for particular figure	Harue Enomoto	(135)
Education and Study of Clothing Design in the Twenty-first Century (2) —Clothing Design, Patter Making and Objective Evaluation for Aged Persons—	Ikumi Nakamura Masako Azuma Utako Shimane	(149)
A Study on the Technical Features of Costume and Art (IV) —The Making of Ceremonial Dress for Formal Wears—	Takami Yamamoto Masa Yamamoto	(167)
Material factors and regional differences in the design of Ainu dress	Takako Suwabara Kumiko Takatsukasa	(181)